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rev up for autumn

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if you want
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TIMES JOURNAL

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VOLUME 3 ALBANY-EL CERRITO, CALIFORNIA WEDNESDAY, SEPTEMBER 1, 1982 ★ NO. 68



—Times Journal photo by Chris Gilbert
Willie Callen (left), instructor Richard Russo and Hesham Kamel play with the medicine ball

Even if you are blind, you can still play games

Center encourages exercise

By KEITH EASTHOUSE

ALBANY — For the adults living in the state-operated Orientation Center here, physical exercise is a way of life. Every day for an hour, the 26 members of the residential center stretch, lift weights or ride in the back seat of a tandem bicycle in an effort to keep their bodies from going soft. "The blind have a tendency to lead sedentary lives," said Richard Russo, one of four gym teachers at the center. "This is especially true of those who have been blind from birth." Russo, 62, said that a special effort often has to be made to keep the blind active, since as children they are often discouraged from exercise. Those blind people who are mainstreamed in public schools are often neglected in gym classes," said Russo, who has been at the center for 20 years. A gym teacher might tell the blind that they are busy, and you can go play checkers. That's definitely not the practice at the Orientation Center, where students participate in such sports as baseball, basketball and tug-of-war. In the past, they have even tried their hand at juggling.

Each person who is physically able is expected to attend a one-hour physical education class five times a week. "We don't actually require that they attend," Russo said. "After all, they are adults. But attendance is encouraged." In Russo's classes, the emphasis is on developing muscle tone, strengthening the heart and improving coordination. To accomplish his ends, Russo has at his disposal a fully-equipped gymnasium. In addition to a universal

weight machine, the gym contains a heavy punching bag, a speed bag, a rowing machine, a treadmill, three stationary bikes, a tandem bicycle, rope pulleys, barbells, dumbbells, a basketball hoop and an exercise mat. A typical class for men begins with a 15-minute warm-up period during which the students are free to work with whatever equipment they choose. Those who want to can then take a ride with Russo on a tandem bicycle. This is followed by bouncing a basketball to one another, which Russo said helps improve the blind person's spatial sense. The class ends with

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Charles Pruett and Randy Shreffler in a fierce tug-of-war

Will Albany's GGF move to Hayward?

Track relocation would be financial blow

By JOHN ADAMS

ALBANY — The proposed move of Golden Gate Fields Race Track to the salt flats of Hayward has been hailed as a major windfall by leaders there. But Albany's mayor feels it would pose a major financial blow to her city and racetrack officials say despite the much-publicized plan they have received no offer. "We have a long term lease here," Golden Gate Fields general manager Peter Tunney Monday. He added the Hayward developers "have offered us nothing as yet."

Albany Mayor Ruth Ganong said she doubts the practicality of the

proposed plan and warned such a pullout would devastate the city's budget. The \$450,000 Albany gets from the operation of the track each year is more than 17 percent of Albany's general fund budget. The city also benefits from the dollars brought there each year by both track personnel and the betting public. The mayor admitted there is little hope her city can entice the track to stay by cutting existing taxes. She also expressed doubts over the possibility of Hayward obtaining the necessary permits for such a major move within any practical time span. The proposed site on the old Leslie Salt property, adjacent to the San

Mateo Bridge, would require major permits including several from the Bay Conservation and Development Commission. Despite the problems faced by Hayward in its bid to woo the track, Ganong said she knows the offer is a serious one. Hayward's City Council has the item scheduled for its agenda Sept. 7. Of the track itself, Ganong said, "I don't know why they would want to move. They just spent quite a bit of money on improvements." Some reports say the move would be as soon as 1983. However, the track lease at its present site in Albany runs through 1997.

(Continued on Page 4)

Around city hall

El Cerrito is faced with a lean budget

By JEAN SIRI
Mayor

EL CERRITO — After months of preparation and very exhaustive and careful deliberation, the City Council, on July 9, 1982, adopted the final budget for fiscal year 1982-83. The annual financial plan calls for total expenditures of \$5,808,582. It is by far the leanest of any El Cerrito budget in recent history. And this was made necessary by the sagging economy and substantial revenue losses caused by the state taking away more revenue sources from local governments. Because of these massive revenue reductions, rather severe expenditure cuts had to be made to an already trim municipal service program to preserve our financial integrity. Unfortunately, these cutbacks will mean a loss of very needed popular and valuable city programs, as well as a reduction in the level of service in many areas. The most significant reason for the many cutbacks is that the state government, in balancing its budget, removed \$442,000 of subvention funds (vehicle-in-lieu funds) effective July. Last year, this process resulted in a \$300,000 revenue loss to the city. There is a very real possibility that all remaining state subventions (business inventory taxes and cigarette taxes) will also be eliminated by the state in July 1983. If this occurs, it will mean another \$200,000 revenue loss to the city. When coupled with the present revenue reductions, these losses could place the city's financial stability in jeopardy and spell disaster for even the most essential services provided city residents.



— Times Journal photo by Chris Gilbert
El Cerrito Mayor Jean Siri

The final budget adopted by Council responds to the immediate revenue losses to the city; and it includes expenditure reductions proposed in the preliminary budget

(Continued on Page 2)

Council, police haggle over safety for Stroll

By STEPHEN BUEL

ALBANY — Confused by a letter from Police Chief James Simmons regarding the closure of Solano Avenue for the upcoming Solano Stroll, the City Council has asked Simmons to provide more information about how he intends to police the popular street fair. Specifically, the council again has directed Simmons to provide an estimated cost for policing the event, which is planned for the afternoon of Sept. 19. The council made a similar request of Simmons last week. At that time, council members put a \$1,000 maximum on the amount of money that could be spent by police to enforce closure of Solano from the Berkeley border to San Pablo Avenue. Sponsors of the Stroll predict as many as 10,000 people will be on hand for the event. "In our letter to Chief Simmons we asked for an estimate of what the cost of policing the event would be," said

council member Edward McManus. "He did not do that." Last week, Simmons also was directed by the council to order the city's police reserve officers to assist with the street closure. They were to be supplemented with as many regular duty officers as the chief felt were necessary, subject to the \$1,000 limit on expenditures. But in his response to the council, Simmons wrote that he will ask members of the usually volunteer police reserve to serve as a paid detail. A similar practice was followed for last year's Stroll, he wrote. Regular officers also will be asked to volunteer for the detail, on a time-and-a-half for overtime basis. Officers from the regular shift will not be specifically assigned to the affair, as the council had requested, but Simmons wrote that they will be available in the case of emergencies. "I was very surprised to read that the voluntary reserves were being asked to appear as a paid detail," said Mayor Ruth Ganong. "It was my un-

derstanding that they were not paid." The entire council seemed to share the mayor's viewpoint, and so it also asked the chief to explain his department's policy for employing members of the police reserve. "As I understand it, from time to time the reserves have come out in the past and closed Solano," said McManus. "It has always been my understanding that, that was a voluntary duty. Why are we setting up a sort of dichotomy that it's going to be free for one sort of event and paid for another sort?" Regardless of whether police reserve officers are normally paid or unpaid, Mayor Ganong said she thought the reserves should first be asked to appear on a volunteer basis. One member of the audience said she was concerned that Chief Simmons wrote that he would "request" assistance from the reserves, while last week the council asked him to

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El Cerrito's budget woes

(Continued from Page 1)

and a contingency budget plan, which addresses the state's removal of vehicle-in-lieu fees. Expenditure cuts reluctantly approved by Council include the elimination of six full-time positions and a number of part-time positions, elimination or reduction of a number of programs and services, and severe cutbacks in materials and supplies in all departments. The most severe cutbacks are as follows:

1. Elimination of full-time positions, including a police lieutenant, carpenter, housing and building inspector, community services assistant director, rehabilitation supervisor (E.C.ology) and a police clerk.
2. Part-time positions in community services, senior services, and parks and street maintenance have either been eliminated or substantially reduced.

3. The tree trimming program has not been funded, which will mean abutting property owners must assume that responsibility; parks and street maintenance activities will be reduced; and building facilities maintenance and inspection services will be lessened, etc.

During Council's deliberation on the final budget, a number of residents formed a Citizens' Tax Override Committee for the purpose of developing a ballot measure for this November's general election. The measure can provide the means to produce sufficient revenue for the city to maintain or restore city services and programs at the 1981-82 level which existed prior to the cutbacks in this final budget.

The Citizens' Tax Override Group has developed a ballot measure which would provide a maximum of \$560,000 to fund "people-oriented" municipal services, includ-

ing police services, fire services, street lights, parks and street maintenance, children's services, and senior services. As presently suggested by the citizens' group, owners of improved residential properties would be assessed a maximum of \$68.85 annually. The annual amount of the tax levy could be adjusted by changes in the Consumer Price Index, but annual increases are limited to \$3 per parcel. The tax assessment would then "sunset" or terminate in four years. Because of existing law, the funds would not be realized until mid-fiscal year 1983-84. Council recently took formal action to place the recommended measure on the November ballot.

An article in the El Cerrito News and Views, the City's recreation brochure, incorrectly reported the tax levy at \$75 per improved parcel. That was written at a time when the citizens' group had not finalized a recommendation for the City Council.

El Cerrito has never been a wealthy community, being mostly residential with a small commercial base. The passage of Proposition 13 very negatively affected revenue,

and it has required program and service cuts as well as employee layoffs. Very creative measures have been developed since 1978 that have lessened the impact of Prop. 13 and preserved the quality of service to the community. The measure seriously reduce the amount, level, and quality of services available to residents.

Funding from this override tax measure to serve many needed and popular programs expected by Cerritans. The City Council anxiously awaits the results of this ballot proposition. Of course, if it is passed, even more severe and very noticeable cutbacks in municipal program in anticipation of the likelihood that the state will remove all subvention reserves. The Tax Override Group is presently developing a measure in the community in order to maintain needed services and preclude additional cuts created by more expected revenue loss.

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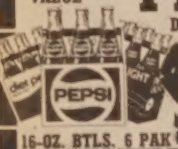


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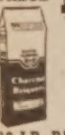
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Why China's older women are a national resource

A summer tour is planned

By PENELOPE KRAMER

ALBANY — An American tour leader thinks that the Chinese value their older female citizens more than Americans do.

According to Mona Reeve, a 46-year-old social worker who will lead a tour of the next summer focusing on the role of women in Chinese society, retired women play a key role in Chinese life.

Reeve will be presenting a slide show "A View of China" about her 1981 tour of the country on Sept. 11 at 2 p.m. at Albany Senior Center, 846 Masonic

Reeve cited as an example the many women who work as head of apartment complexes, functioning as "social workers, psychiatrist, mediator, facilitator, all purpose family head."

When a couple is having problems, she brings them together, and when a needs day care, she takes care of it, she said.

In contrast, she said, "there's no place for the older woman."

Because we don't have extended families, she said, "there's no role for the older woman to be a mother or advice-giver."

In China they have a way of including older people, because they work toward the whole. Everybody is given a role. There are enormous numbers of people who are sitting at home with no families. They're isolated.

They have no sense of feeling needed, no sense of feeling a valued part of this society — and that's the most important part of making a person feel alive.

Reeve said this was the "fallout from an industrialized, technological society where you have mobility and scatter-families."

When you have whole groups of people, you do not feel valued in the society," she said, "you have a depressed and degrading group."

In a country like China you have the family system."

In China, Reeve said, much public policy is out of an attempt to accommodate population explosion. Fifty percent of the population are under the age of 15 and 65 percent are younger than

as a result, Reeve said, women must work 50 and men at 55 "to make room for an incredibly young work force."

Older men, she said, will go into the field to oversee the "free market economy."

The economy is made up of young people who have graduated from school and are selling vegetables or clothing on the street while they're waiting for the government to assign them to jobs. They often wait up to two years before a job is available, Reeve said.

Older young people were wandering around and getting into trouble," Reeve said, "the way to deal with it was to enter the free market economy."

Older men oversee the sales to make sure that no one is cheating, she said. There is no government program (to help them) as we know it."

According to Reeve, once these young people enter the job system, that's where they're during their working years.

But the mobility we have here, that's what their ability is," she said.

Reeve said, "their movement up through the ranks depends on their political content."

According to Reeve, the government's birth control policy may have an unexpected effect on modern Chinese culture.

"The full implications of having only one child are so far-reaching, I don't think they understand what they're getting into," she said.

"There are all sorts of implications to saying you're only going to have one child," she said, "a smile coming to her face, 'including the one that you're going to promote individuality.'"

"If you're only having one child, you'll feel they'd better have the best health care, genetic counselling and job training," she said, "because this is your only child in a very family-oriented society."

"There is also only one child to be responsible for two parents when they get old. That means that when the child gets married, there will be four older people that two people are responsible for — plus their own child."

Eventually, she said, that will mean having the government step in to take over the children's traditional responsibility for their parents because children will not be able to handle it.

Reeve said there was a possibility that dwindling human services in the United States might lead to more roles for women like that of Chinese apartment managers, but she doubted it. The United States is now too technologically advanced a nation for that to happen, she said.

"We would also look on that system as an invasion of privacy," she said. "We would have all sorts of names we would call that person rather than honoring them. We would call them a busybody, a gossip, an interferer."

"There, it's institutionalized. Here, we don't have the equivalent. We did have around the turn of the century, but that was changed during the Depression."

Reeve said that during the tour she is sponsoring next July, travelers will visit the major attractions of China: The Great Wall, The Forbidden City, Beijing (Peking), Shanghai, Canton and China's ancient capital of Xian, as well as two of China's garden spots, Suzhou and Hangzhou.

They will also make a stop in Hong Kong, and be given the chance to visit Chinese institutions, facilities and neighborhoods where older women play a leading role.

Reeve said visitors to China often find themselves surrounded by people.

"The Chinese are historically very curious people," she said. "If you're standing around, a whole crowd will gather."

City streets are always crowded, she said, but not with cars.

"There are no cars except taxis," she said. "Most of the people are on foot, or bicycles or buses. They have everything from ox drawn carriages to motorcycles — the whole range. You name it, it's there."

"If you have people in the street and the bus comes up and honks his horn you don't jump like we do here. People sort of slowly amble over to the side."

"Nobody gets too excited about it — except the bus driver."

"The country just fascinates me," she said, "the way they function with the good of the community being put before the good of the individual."

"It's the opposite side of the coin from individualism in this country."



Mona Reeve and some of her Chinese artifacts

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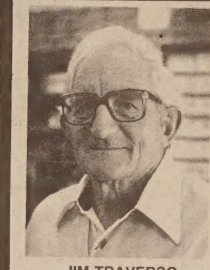
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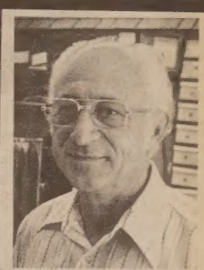
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Bazaar set church

ALBANY — Syca Congregational U.C.C., will hold a bazaar, featuring foods such as curry rice, teriyaki, radon, and manju. There will also be ham, pastries, oranges, as well as plants, games, and other items. The bazaar is Sept. 12 from 10 a.m. to 6 p.m. at the 1111 Navelier St.

For more information, call 233-7057 or 234-0793.

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ESL classes set in Albany

ALBANY — English as a Second Language (ESL) classes, are open to all interested adults starting the week of Sept. 13.

Students may join classes at any time. There is no registration fee or charge for books.

Morning classes will meet Tuesday, Wednesday,

and Thursday nights from 7 to 9:30 p.m. at Albany High School.

The ESL program at Albany Adult School is designed to help meet the needs of long-time residents or recent immigrants who do not speak English or who want to improve their English.

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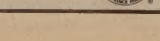
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Vista course set on process of aging

Vista College offers a tuition-free independent study course called "Older and Growing."

Students read a series of articles on the physical, psychological, and emotional aspects of aging, supplemented by four class meetings.

Susan Newman, a licensed clinical social worker, will be available one evening a week for individual conferences with students. The course has been approved for 12 hours

of continuing education credit for nurses. Two units of college credit may be earned.

Students may attend either of two orientation sessions on Saturday, Sept. 11: 9 a.m. to noon at Laney College Theatre, 9th and Fallon in Oakland; or 1:30-3:30 p.m. at Albany High School, 603 Key Route Blvd., Albany.

For further information, call Beth Hackenbruch at Vista College, 841-8431 or leave a message at 540-8132.

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GGF MOVE

(Continued from Page 1)

Ganong said a move in 1983 would be disastrous for her city's budget. But she added, "I have always felt they will stay to the end of their contract. And I still hope they will. We want plenty of notice."

The effort to move the track to Hayward is being pressed by a group of East Bay developers, Shoreline Associates. In addition to Golden Gate Fields, the group is trying to

lure to its 705-acre Hayward location Bay Meadows Race Track from San Mateo and Marine World/Africa USA from Redwood City.

Marine World has been looking for a new location for some time. Its present landlord wants to construct office buildings at its present site.

Bay Meadows, unlike Golden Gate Fields which leases the race track property from Santa Fe, owns the land it occupies in San Mateo, but

could probably sell the sum in excess of \$100 million.

Sources close to the move by Bay Meadows appeared to be more than any shift by Golden Gate Fields.

The Bay Meadows has been under pressure to render its valuable property for commercial development.

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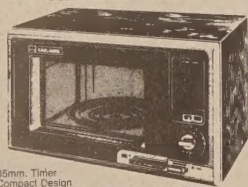
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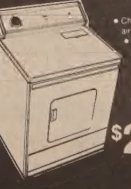
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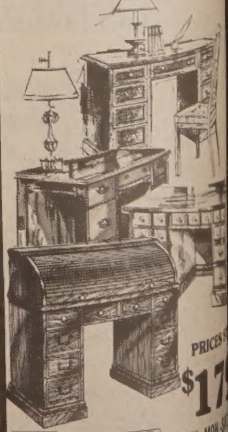
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Answers and more answers



Having literally devoured the generous slab of smoked salmon presented to me by my good neighbor who just returned from fishing in Northern Pacific Alaskan waters, I again am forced to proclaim that smoked salmon just has to be one of the gods' own foods.

This wonderful gastronomical experience coincides with a question from Samuel D. who writes:

Would like to have a recipe for making lox. I am using what is called gravlax. How long do I keep it in the brine and how long can I keep it in the refrigerator?

Dear Sam,
Lox, as fellow frequenters of kosher delis know, is smoked salmon. Unless you have a smoke barrel set-up, you really can't do it yourself. However, gravlax, which is salmon preserved in brine, is not at all hard to make and is equally delicious.

To answer your questions, gravlax should be held at least 48 hours in the brine and then can be held from 2 weeks to several months depending on your methods of curing. Read on and enjoy.

Cheers, Olga B.

Scandinavian treat

Gravlax is Scandinavian, according to the Time-Life book on Scandinavian cooking. It is basic to the food and region. My friend Norma M. sends a recipe for Gravlax. It says it is a staple in her larder. And it couldn't be simpler. It is almost identical to the way Ken Wolfe's students make it in Contra Costa College's Culinary Arts program. The only amendment I have found from the Time-Life book is the addition of crushed white peppercorns. Here's a combination of these recipes:

Gravlax

2 lbs. fresh salmon
3 T. salt (Ken uses curing salt, but regular salt will do)
2 T. sugar
dill weed (fresh if possible)

Cut off the head and tail and slice the salmon in half lengthwise. Remove the center bone but do not skin.

Lay half the salmon, skin side down in a glass baking dish. Rub the cut side flesh with a mixture of the salt, sugar, and crushed peppercorns, if you wish.

Place the washed and dried fresh dill sprigs over the top (dried dill weed if you must) and top with the other half of the salmon whose cut surface has also been rubbed with the salt mixture. This should make a sort of dill weed "sandwich" with the cut salmon sides together, skin sides on top and bottom.

Cover with foil or plastic wrap and weight the top with a plate or tray or board held down with several cans from your pantry.

Be sure it is tightly sealed and refrigerate 48 hours, opening to baste and turn each day.

To serve, remove from marinade, scrape off the seasonings, and pat dry. Slice thinly on a diagonal. This will keep in the refrigerator for several weeks if well wrapped.

Norma keeps hers refrigerated in chunks placed in small jars filled with olive oil. Ken, however, has a super method. He vacuum packs serving sizes which, when refrigerated, will keep for months. He has a machine called a Vacuum-Fresh which allows him to vacuum pack the gravlax (and all other kinds of meats, fruits, vegetables, etc.) right in his own kitchen. Foods packed this way can be held for months in the refrigerator or frozen for much longer without any loss in flavor or food value. (If you want to know more about this wonderful kitchen appliance, write him for information at P.O. Box 456, Lafayette, CA 94549.)

The traditional sauce

This mustard sauce is the traditional accompaniment to gravlax and is also easy to make. So let's be authentic all the way.

Gravlaxas

1/2 c. Dijon or dark, seasoned mustard
2 t. dry mustard
3 T. sugar
1/4 c. white vinegar
2/3 c. vegetable oil
2/3 c. chopped fresh dill

Combine mustards, sugar, and vinegar in a small deep bowl. Using a wire whisk, slowly beat in the oil until it forms an emulsion (like mayonnaise). Stir in the dill and salt if needed. Refrigerate in a covered jar and shake or re-whisk to serve. It's great for all cold seafoods.

Questions and more questions

Ruth D. asks:

I have liked to use wine in cooking...Does the carbohydrate change so it can be used by a diabetic?

Dear Ruth,

In referring to the Diabetic Manual by Joslin, the venerable old diabetes master states, "alcohol does not contain carbohydrate, but the oxidation of 1 gram in the body gives rise to 7 calories."

We all know that wine contains sugar which is a carbohydrate and therefore bears calories. When wine is used in cooking and the alcohol evaporates, what is left might possibly be considered as a fruit exchange. Wine adds very

little food value.

Whether or not you use it should be your doctor's decision. However, most doctors consider cooking with wine acceptable on most restricted diets.

Dry red wine has less than 70 calories and under 1 gram of carbohydrate; the same amount of sherry has less than 5 grams of carbohydrate without cooking. But do talk this over with your doctor.

Edith M. writes:

Cheers, Olga B.

(Continued on Page 7)

Class helps managers communicate

The management and supervision department of Contra Costa College is offering the course "Systems of Communication" for the fall semester, which begins on Sept. 7.

The course covers the functional aspects of communication as it relates to company policies, personnel and the organizational context.

This course provides an overview of the principals and forms of effective written and oral communication.

Registration for fall semester is currently in progress at 2600 Mission Bell Dr., San Pablo. For further information call 235-7800.

Change for meeting

ALBANY — Due to a holiday falling on Monday, Sept. 6, the regular meeting of the Albany City Council will be held on Tuesday, Sept. 7, at 8 p.m.

Enrollment set at RUSD schools

Parents of children who will be attending elementary schools of the Richmond Unified School District for the first time in September and who did not register them during the spring semester, are urged to register them by Friday, Sept. 3.

Elementary schools in Richmond, El Cerrito, Kensington, San Pablo, El Sobrante and Pinole will be open from 9 a.m. to noon, and from 1 to 3:30 p.m. for registration.

Junior and senior high schools will be open for enrollment of students new to the district Monday through Sept. 6, from 9 a.m. to 4 p.m. For an accurate check regarding the school at which youngsters should enroll, call 234-3333, Ext. 485.

State law requires that a child entering kindergarten be at least 4 years 9 months of age by Sept. 1, and first grade enrollees must be at least 5 years 9 months on the same date.

Parents should bring their child's birth certificate as proof of age when registering. They are also required to bring their child's current immunization record at school registration.

For a birth record of a child born in Contra Costa County, parents may write to the County Records, Hall of Records Section, State Department of Public Health, 631 J St., Sacramento 95814 giving the same information and an explanation that the copy is to be used for school registration.

For children born in other counties of California, parents who need this information are asked to write the Hall of Records Section, State Department of Public Health, 631 J St., Sacramento 95814 giving the same information and an explanation that the copy is to be used for school registration.

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Senior centers

ALBANY
The center is at 846 Masonic Ave., 644-8500. Hours: Monday-Friday, 9 a.m.-5 p.m.; Saturday, 10 a.m.-4 p.m. and Sunday, noon-4 p.m.

Special Events
New classes start Tuesday, Sept. 7. See details below.

Everyone is invited to help plan center trips for 1983. Attend travel presentation at the center on Wednesday, Sept. 1, 1:30 p.m. Refreshments. For additional information, call Myriam Heath, 525-1968.

Membership meeting Thursday, Sept. 2, 12:30 p.m. "A View of China," educational travelogue by Mona Reeva. She will discuss the history, people and culture of the People's Republic of China, Saturday, Sept. 11 at 2 p.m.

Podiatry screening (foot exams) and consultation (no treatment), Tuesday, Sept. 14, at 8:45 a.m. Free.

Legal assistance for Alameda County residents by appointment, Wednesday, Sept. 15, 10 a.m.

Legal counseling, a free service for Albany residents of all ages. Drop in clinic will be held at the center every Wednesday night from 7 to 9 p.m. starting Sept. 15.

Would you like to walk, but don't want to walk alone? Join the group on Thursday at 10 a.m.

Acupressure massage available by appointment Tuesday mornings at special senior rates: \$10 for one hour, \$6 for one-half hour, 9 a.m. to noon.

Transportation
Call at least one day in advance for reservations for senior van shopping trips. Wednesday mornings: El Cerrito Plaza. Friday mornings: Solano Avenue. Requested donation, 50 cents per round trip. Albany residents only.

New taxi scrip available to Albany residents over age 60. Price from \$4-10, depending on annual income. Apply Tuesdays, Thursdays and Saturdays, 10 a.m. to 2 p.m. Persons in wheelchairs may purchase special transportation vouchers.

Classes/Groups
Monday: Across the Generations, 9 a.m.; painting and color workshop, 9 a.m.; writing group, 10 a.m.
Tuesday: creative widowhood, 10 a.m.; English as a Second Language, 1 p.m. folk & square dancing basics, all levels 1 p.m.
Wednesday: Work & life, 10 a.m.; current events, 10 a.m.; drama through the eyes of Shakespeare, 1 p.m., T'ai Chi II, 1:30 p.m. Arthritis self-management, 10 a.m.
Thursday: group walking, 10-11 a.m.
Friday: chess group, 10 a.m.; community service, 10 a.m.
Saturday: Modernism in the arts, 10 a.m.

Social Security
Field representative at the center the first and third Friday of the month at 3 p.m. to answer questions about Social Security, SSI and Medicare.

Continuing Events
Barber service, Thursday, 9 a.m. to noon. Donation requested.
Bingo, Thursday and Saturday, 10:30 a.m.; Sing-along, Thursday, 11:30 a.m.; Bridge, Friday, noon to 3 p.m.
Cards and conversation, Thursday, noon-5 p.m.; Saturday, noon-4 p.m.; Sunday, noon-4 p.m.
Chess group, Friday at 10 a.m.
Senior prom ballroom dance, Saturdays from 7:30 to 11 p.m. Donation, \$2.00 (includes refreshments).

Meals on Wheels
Home delivered meals are available for Albany residents. The food is prepared at Alta Bates Albany Hospital and is delivered at midday by a volunteer driver. Regular, low-salt and diabetic meals are available. \$12.50 per week.

To order, please call the center at 644-8500 one week in advance. Coordinator Velma Grasso will make all arrangements.

Bus Tours
Trips are sponsored by Albany Park and Recreation Dept. Make reservations with Myriam Heath, Tuesday at 1 p.m. and Thursday at 10 a.m. at center. Sept. 14-25, World's Fair 1982, \$1,265 per person double or twin occupancy, \$1,500 per person single occupancy. Oct. 8, evening at Pollardville, \$22.50. Oct. 18 and 19, San Simeon, \$84.50 per person double or twin occupancy, \$111.50 per person, single occupancy. All trips depart Memorial

Menus
The nutrition site meal is served at 4 p.m. Reservations are required. The suggested menu for the site is \$1 plus 50 cents for seniors, \$3.50 for persons age 60. Monthly menus are available.

EL CERRITO
Open House
Located at 6500 Stockton Ave., behind the 526-0124. Drop in lounge open weekdays from 1 p.m. to 4 p.m. Lunch daily at noon.

Classes
Monday: 9 a.m., dance class; 10 a.m., Tai Chi; 2-4 p.m., bereavement group; 1:30 p.m., art class; fun night (second Monday of every month) 7-9 p.m.
Tuesday: 9:30 and 10:15 a.m., fitness; 10:30 a.m., piano music; 12:30 p.m., exercise; 10:30 a.m., needlework; 12:30 p.m., p.m., whist.
Thursday: 9:30 and 10:15 a.m., fitness; 10:30 a.m., information and referral.
Friday: 9:30 a.m., fitness; 1 p.m., grocery.

Special Events
Self-hypnosis, Sept. 13, 20 and 27, 7-10 p.m. History of Contra Costa County, Sept. 14, 11:30 a.m.
Cooking for Men Only, Sept. 8 and 22, 1 p.m. Retirees support group, Sept. 15, 22, 29, 1 p.m.
Public health nurse, Sept. 22, noon.
Social Security, Sept. 17, 12:15 p.m.

Christ Lutheran
Mondays, 9 a.m.-2 p.m. at 780 Ashbury Stockton.
Craft classes (pressed flower stationery, jewelry, weaving) are taught in the morning, 9 a.m. to noon. Afternoon program of information, spiritual music, sit-down exercises and folk dancing. The program is co-sponsored by the Richmond Unified School Adult Education program.

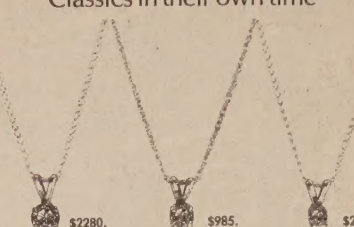
St. John's Center
For El Cerrito residents 60 or over, Maeda Combs Building, 6510 Glenside St., Tuesdays from 1 p.m. Phone Tuesday only, 234-2797 or center at 529-1114.

The Center is part of the Richmond Unified School Adult Education program. 9 a.m., crafts; 10 a.m., nurse for blood pressure check; 10:30, water aerobics; 11:30, free lunch; 12:30, lectures. After the group has community singing, sit-down exercises and dancing until 2 p.m.

(Continued on Page 7)

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Churches

ALBANY

St. Alban's Episcopal Church

Wednesdays at 11:30 a.m., the Rev. Warren Debenham conducts a service of Holy Communion and the laying on of hands.

On Sunday, Sept. 5, the Rev. Russ Moore will preach and celebrate the Holy Eucharist at the 8 and 10 a.m. masses. His sermon topic will be "Ephphatha." He will be assisted by Nabil Jacob, lay reader, and Danna Graham, lector. Those wishing to receive the laying on of the hands are directed to go to the back of the church after communion. Acolytes will be Karen Zapata, Cindy Groom and Bethany Rolfsen.

The senior choir, under the direction of Rita Dows, will sing the offertory anthem "Upon the Rock of Faith." Ushers are George Coons and James Lamb. A coffee hour follows the 10 a.m. service, with Stan and Florence Gardner hosting.

Fall church school will start at 10 a.m. in the parish hall. Nursery care is provided.

The church is located at 1501 Washington Ave., Albany.

Word of Faith Church

Word of Faith Church, located at 1206 Lincoln Ave. in Alameda, has home Bible Study for the Albany-El Cerrito area. Everyone is welcome.

Study group meets Monday nights in Albany. For information call Martha Beckhusen, 526-8512 or Pastor Hal Tomlinson, 523-4754.

EL CERRITO

Bay Area Seventh Day Baptist Church

The church and its pastor, the Rev. Stephan Saunders, invite the public to attend services every Saturday in the chapel of the United Methodist church at 6830 Stockton Ave., El Cerrito. Service begins at 10:30 a.m. Sabbath school follows at 11:45.

A potluck lunch is held each week to allow time for fellowship and discussion. All are invited to join the luncheon.

Bible studies are held in several communities weekly. For more information, call 527-2055 or 757-6426.

El Cerrito United Methodist Church

Sunday worship on Sept. 5 is at 11 a.m., and will be led by the Rev. Phillip Lawson. His topic will be "Talking Too Much, Hearing Too Little," from Psalm 146, Isaiah 35:4-7a, James 1:17-27 and Mark 7:31-37. Holy communion will be administered.

Special music will be an organ-piano duet by Becky Zuerner and Mary Jenner.

The church is located at 6830 Stockton Ave., El Cerrito. Phone 525-3500.

Grace Lutheran Church

On Sunday, Sept. 5 at 9:30 a.m., the Rev. O.R. Janke, pastor emeritus, will speak on "It's Great to be Alive," based on II Corinthians 4:8-12. Holy Communion is administered the second and fourth Sunday of each month.

Bright Star Montessori School

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Openings for ages 2½ to 6

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month. Sunday school and Bible class follow at 10:30 a.m.

There will be no Board of Elders meeting on Labor Day, Monday, Sept. 6. The meeting will be held on Monday, Sept. 13 at 7:30 p.m.

The church is located at Santa Fe and Ward in El Cerrito and is easily accessible; phone 525-9004 mornings, or 525-1078 afternoons.

KENSINGTON

Arlington Community Church

On Sunday, Sept. 5, the Rev. Ken Barnes will speak at the 10 a.m. service, "Now I've Got It" will be his topic, based on Exodus 32:1-10 and John 14:5-11.

Louise Rowland will be the vocal soloist. There will be no Sunday school classes. Children will remain in the sanctuary for the Communion service.

A meditation and healing service is held each Sunday

at 6 p.m. in the chapel. Child care during the service is available on advance request. Call the church office mornings: 526-9146.

Wednesday worship begins at 6:15 p.m. with a potluck supper, followed by a service at 6:45 p.m.

The church is located at 52 Arlington Ave., Kensington. Call 526-9146.

First Unitarian Church of Berkeley

At the 11 a.m. service on Sunday, Sept. 5, the Rev. Dr. Richard Boeke will speak on "Reflections on my Father." A special offering for Lebanon will be taken.

A potluck is held at 6:30 p.m. on the first and second Tuesdays of each month. A "Wisdom Tree" discussion of Unitarian Universalism follows the dinner. On Tuesday, Sept. 7, the speaker will be Stan Aronson, who has been serving as interim minister of the Unitarian Church of Toronto, Canada. On Sept. 14, Rev. Boeke will speak.

Adult study courses start in September. Margo Tyndall will lead a course on Unitarianism, on Sept. 23 at 7:30 p.m., Rev. Boeke will lead an eight week course on "Pistology, the Science of Advancing the Self."

The Lawrence Lecture Committee will meet in the Fireside Room on Tuesday, Sept. 28. The 1982 Lawrence Lecture will be given by Dr. William of Riverside Church in New York City.

The Oasis Committee has a September planned at Green Gulch Zen Center under the leadership of Donna Rolls. The weekend of Oct. 1-2 donnelly will lead a 40 hour Oasis at the center, "Enriching the Self."

An active singles group meets at 7 p.m. on Wednesdays.

(Continued on Page 11)

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235-3050
3017 Macdonald Ave., Richmond

Churches

(Continued from Page 10)
p.m. Each Tuesday at 6:30 p.m. there is a service followed by activities for all ages.
The church is located at 1 Lawson Road, Berkeley.

THOUSAND OAKS

Epworth United Methodist Church
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A special afternoon at the Oakland A's game on Saturday, Sept. 11 is planned. Phone 524-2921 for details.

The adult choir practices Thursdays at the church at 7:30 p.m. Seven different children's play groups meet weekdays at the church with a range of groups for ages 12 mos. to 3 1/2 years old. Interested persons should call 527-4013 for information on playgroups, and 524-2921 for other activities.

The young adults of the church meet on alternate Monday evenings for social events, discussion and service. On Sept. 24 an introductory/organizational meeting for the Faith Journey project focusing on Latin America will be held at 7:30 p.m. at the church. A summer fun retreat is also scheduled. For information call Dave Bunje at 546-6929.

The church is located in the Thousand Oaks neighborhood of north Berkeley at 1953 Hopkins St. Phone 524-2921.

Northbrae Community Church

On Sunday, Sept. 5 at 11 a.m., the Rev. David Sugarbaker will speak. The service will also feature solo selections by David Bellecci, tenor, and a children's sermon by Rev. Sugarbaker. Nursery facilities are available on Sundays from 11 to 12:15 a.m. in Haver Hall. A social time follows the service.

Northbrae is host to Dandelion Cooperative Nursery School, a preschool for children ages 2 1/2 through 5 years. The fall session begins on Sept. 13. Classes meet 9-12 Monday through Friday, with extended day care available. For information call 527-1697.

The first senior choir rehearsal of the new year will begin at 9 a.m. in the chapel on Sunday.

The church is located at 941 The Alameda, in the Thousand Oaks district of north Berkeley.

Thousand Oaks Baptist Church

Sunday worship services are at 10:30 a.m. and are conducted in both English and Mandarin. On Sept. 5, the Rev. Eugene Paden, pastor, will speak on "What are you working for, to gain the world or abundant life?" the Rev. Chen's message will be the same. The Lord's Supper will be celebrated together by both congregations.

Church school classes for all ages begin at 9:30 a.m. and are conducted in English for nursery through young adult, and Chinese for young adult through adult.

On Tuesday a prayer breakfast will be held at the church from 7:30 to 9 a.m. On Wednesday, Thursday and Friday, a Bible Conference will be led by Dr. Charles Mashburn, and will address contemporary issues. It will conclude Sunday, Sept. 12 with a 6:30 p.m. service.

Wednesday at 6:15 p.m., a family fellowship potluck supper will be held. Bible study in English and Mandarin will be held at 7 p.m. The choir will rehearse at 7:45 p.m. under the direction of Dora Burdick.

On Friday at 6 p.m., the young adult fellowship shares dinner followed by study and discussion. Recreation for the whole family is from 7:30 to 9 p.m. All who are interested are invited to come to the church for an evening of fellowship and exercise, volleyball, ping pong and badminton.

The church is located at the corner of Colusa, just north of Solano Avenue.

EAST BAY

Calvary Presbyterian Church

"Christian Social Responsibility" will be the theme of a seven part series to be presented by the church from Sept. 12 through Oct. 31. This schedule is:

Sept. 12, Bible study; Sept. 19, sharing involvement; Sept. 26, modern society and lifestyle; Oct. 3, Calvary's lifestyle; Oct. 17, Biblical basics for peacemaking; Oct. 24, nuclear war discussion; Oct. 31, panel discussion.

Each adult study course is free and open to the public. The courses will follow the 10 a.m. worship service, and are sponsored by the Church and Society Committee with a focus on peace and unity.

Chinese Rhenish Church

This bilingual (Cantonese and English) Lutheran church welcomes the public to worship every Sunday at 11 a.m., with Sunday school classes for all ages at 9:30 a.m. The pastor is the Rev. Loke Hoy-San.

The following weekly classes are offered: English Bible study, Wednesday, 8 p.m.; Chinese Bible study, Thursday, 8 p.m.; youth fellowship, Friday, 7:30 p.m.; Chinese language school, Saturday 9:30 a.m. to noon; family and individual counseling by appointment only. Call Dr. Loke at 232-0579 or 232-1072.

The church is located at 4709 MacDonald Ave., Richmond. Phone 232-1072.

North Congregational Church

The Christian growth fellowship meets Sunday mornings at 9:30 in the Babcock Room the church.

The gymnasium is open to high school and college age young people on Saturday evenings at 7:30 p.m. Refreshments are served during the evening, and Bob Graham directs.

The Lunch Bunch is a group of senior singles who meet each Sunday after services for fellowship and a meal at one of the local restaurants; any older single is invited to come to this Dutch treat lunch.

The church is located at the corner of Cedar and Walnut in North Berkeley. Phone 848-1201 or 527-3134 (evenings).

Obituaries

Frances

ALBANY — Funeral services were held for longtime local resident Frances Tallera last week at Ellis-Olson Mortuary.

A native of Weed, Calif., Mrs. Tallera died Aug. 26 at her home.

She was a member of the Silano Club Auxiliary. Survivors include her husband, Sam, two sons, Tom F., of El Cerrito, and Frank S., of El Sobrante; her mother, Teresina Cortese of Albany; two brothers, Joseph F. Cortese of Albany and Frank Cortese, Jr. of Richmond, and three

grandchildren. Entombment was at St. Joseph's Cemetery.

Norma Feay

EL CERRITO — Memorial services for Norma L. Feay, a local resident for the past 40 years, recently were held in the Sunset View Mortuary Chapel.

A native of South Dakota, Mrs. Feay died Aug. 25 in a Berkeley hospital.

She is survived by her daughter, Susan Merman, of Concord.

Services were officiated by the Rev. Phillip Lawson of El Cerrito United Methodist Church.

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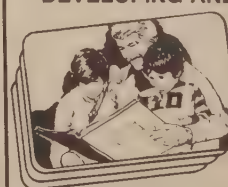
Interdenominational • Non-Discriminatory
**Hurry! Class starts Sept. 8th
9 A.M.-4 P.M.**

2303 Rumrill Blvd. San Pablo
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CWS YOUR EVERYDAY VALUE DISCOUNT STORE

Compare CWS Low Prices

COLOR PRINT FILM DEVELOPING AND PRINTING



12 exp... 2⁹⁹
12 exp... 3⁹⁹
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KODAK FILM 30% OFF

SAVE \$1.00

CWS CONSUMERS WHOLESALE STORES
1552 Solano Ave., Berkeley 524-1606
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SAVE ON FAMOUS CORDOVAN TIRES!

If You Knew the Truth, You'd Buy Cordovan!

OPEN LABOR DAY!

Monday, Sept. 6 ★
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POLYESTER TIRES

Polyester cord for a smooth ride. Resists impact, blow-outs and flex fatigue.

21⁹⁹ EA.
A78-13
Plus \$1.42 F.E.T. and EXCHANGE.

THE CRIO RADIAL FIBERGLASS BELTED!

Super strong fiberglass belts plus smooth riding polyester body plies for great radial performance, handling, ride, traction and mileage in one tire!

NOW SALE PRICED!

33⁹⁹ EA.
P155/80R13
Plus \$1.44 F.E.T. and EXCHANGE.

FREE Installation!

X-130-36
6 or 12 Volt
34⁹⁵ EA.
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All Other Sizes
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The 'Esprit' is a European Metric Radial for many foreign and American cars. "SR" speed rated.

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29⁹⁹ EA.
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Plus \$1.26 F.E.T. and EXCHANGE.

155SR12 . 31.99	165SR14 41.99
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Plus F.E.T. from \$1.33 to \$2.24 and EXCHANGE

SALE!

LOST 010
CAT-Tara Hills area. Siamese markings. De-clawed female. 724-3051.

FOUND 011
KITTEN: Wed. 8-25. Live Oak Pk. Berk. Approx 6 wks. Grey/black stripe. Stephen Hill 843-8555.

FOUND small female dog, black w/ tan markings. 526-4897, days 954-2507.

FOUND little white dog, female, no collar, at Solano Ave. Safeway, Aug. 26. Call 526-5062.

SHEPHERD/Dobie mix puppy, 5 mos. black, tan, 8-29, 23rd & Rheem, Rich. 236-9051.

PERSONALS 025
Accurate Tarot Reading For appointment Call 237-4342

FREE Pregnancy Screening, Abortion Services. Oakland Feminist Women's Health Center, 444-5676. Every Woman's Clinic in Pleasant Hill, 825-7900.

WOMEN!
How much do you know about birth control? Have you ever heard of a Cervical Cap? Available at 3 Bay Area clinics. For information call 444-5676 or 825-7900.

BUSINESS PERSONALS 035
AMS Oil information meeting. Save \$100.00 at 7:30 for the way to save money. 3435 May Rd. Richmond, 232-6751.

TROUBLE? See Mrs. Foster, psychic, Spiritual Reader, Healer, Advisor. 1832-23rd St., San Pablo, 233-1170.

DIVORCE HELP
LOW-COST SERVICE. EVES & WINKS 540-UP PERSONAL ATTN. 625 San Pablo. 526-5651

Spiritual Readings
I am not a common reader. I do not read by cards or books, but through God's gifted spirit gift. I will help give helpful advice to all afraid of life. Will Give Lucky Days And Numbers!! Will Call Your Friends & Enemies By Name Without Asking a Word!! 547-9989 \$5.00

INSTRUCTIONS 045
PIANO lessons at reasonable price. Experienced, qualified teacher. 222-5377.

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Learn Now 523-5610 7-9 p.m. Bookkeeping Classes Beginning to full charge 525-3234

FREE SUCCESS SEMINAR IN REAL ESTATE

We Offer Career Opportunities In Our El Cerrito Office

LEARN A SUCCESSFUL REAL ESTATE CAREER OR REVITALIZE YOUR PRESENT CARRIER

Tuesday, Aug. 31, 7 p.m.
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El Cerrito

Call Andy Wieling

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Int'l Airline Training Center, Oakland Airport 800-772-3583/Non-Prof 9-5

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BANK TELLER TRAINING DAYS, EVES
CALL 788-4146

CHILD CARE LICENSED 048
DAY CARE with a preschool program, ages 2 1/2-5 yrs. 6:30-6 pm. Mon-Fri. 234-6544

DAY CARE WITH A PREFERENCE
Involvement, qualified teachers & staff, hot breakfast and lunches, snacks and crafts, to play w/ day. We are expanding our enrollment, now taking registration for our Fall program. Please Call Mona or Jean 235-2940.

DEE Dee's Daycare
Hot meals-fenced play yard, 1000 sq. ft. Sun. Ages 2-4, 443-8410. Openings.

MONTESSORI SCHOOL
Of Kensington. A few Fall Openings remain. Children 2-6, 527-1278.

MONTESSORI Children's
House of Pinole is taking applications for fall. Ages 2 1/2-6. Morning & afternoon classes. Day-care available. 758-6097.

HELP WANTED 060
A banking career begins at Teller Training Institute, 407 Jackson, Hayward, 886-8868. San Jose, (408) 241-4000.

ACCT'S rec. \$1500
SAMPLER clerk \$866
ADMIN assist \$1200
CUSTOMER serv. \$1100

LASER AGENCY
Mildred Traver 893-9612
1430 Franklin Oakland

Advertising & Telephone Sales
Nat'l co. has pt w/ wk for mature persons contacting local businesses regarding University of California project. Pleasant offices, high salary, excellent benefits. 969-5005 Ms. Green.

ASSISTANT Store Mgr.
Min \$700 per mo. Solano Ave. Berk. We are looking for person who enjoy meeting a wide variety of needs, select table accessories or suggesting a perfect gift. Please call 428-2320

AUTO TUNE-UP
Experienced with trainees. All benefits plus shop management opportunities. Can earn \$26,000 year plus Profit Sharing at hundreds of Andy Granatelli's TUNEUP MASTERS shops everywhere. Apply 7:30 am to 1 pm Tuesday, August 31, at 3700 Macdonald Ave.

INSTRUCTIONS 045
TV 25" RCA color fxc picture \$185. 524-7522

RADIO & cassette for car
with 2 speakers, good cond., never used. \$75. 223-6826

HELP WANTED 060
MANAGER for Card and gift store, retail management exp. req. Good company benefits. Send resume and salary req. to Box 347 c/o H.G. 164 Harbour Way, Richmond, CA 94801.

TEMPORARY OR PART TIME 065
INSTRUCTORS for Computer Programming, Industrial Drafting, and Telecommunications. Must qualify for Calif. Vocational Education credential. Richmond Unified School District, Mr. Anello, 237-8770.

KITCHEN HELP, EXPERIENCED
Send resume and salary req. to Genji Japanese Restaurant, 1600 Shattuck, Berkeley 94709.

N. Berk Dental Office
seeking part time dental assistant/receptionist. Exper. pref. 526-1425.

OPPORTUNITY
Openings available for 3 or 4 licensed full-time sales associates on a team that stresses cooperation rather than rivalry. For confidential meeting contact Dave Leary at

BETTER HOMES REALTY
RICHMOND 232-2532

WORK WANTED 075
DAYCARE (pre-school), ages 1-5, 15 hrs. week. Ashby BART, 849-3451.

JUSTWOS
Full-day care for tots, 20-28 mos. Kensington, 525-8511.

LOVING mom, former teacher
offers infant care, McBray Ave, Richmond, 529-0490.

Babysitting In Hercules
Ages 1 & up. Mon-Fri, 6 am-6 pm. 799-0973.

DOMESTICS 085
SERIOUS good cook, 15 yrs. exp. Am/fm cassette 8 track. 223-9214

USED TV's \$49.95 & up
United TV 1420 Macdonald Ave. 233-9280. Closed Sun. & Mon.

CONSOLE Stereo, 8 track
tape, am/fm radio, recorder player. \$75. Good cond., aft. 5 only 799-2765

RADIO & cassette for car
with 2 speakers, good cond., never used. \$75. 223-6826

FISHER STEREO
\$450 or best offer 526-3434

MUSICAL INSTRUMENTS 455
23 inch ZENITH color TV, like new. \$150. Call 236-8645.

STUDENT Clarinet
recently repadded \$175 237-8786

PETS & SUPPLIES 460
SMALL brown dog, mixed breed, excel. for travel &/or kids. 524-4255.

BOSTON Terrier pups
AKC 4 male, 2 females. \$300 ea. 232-5204 eves.

GARAGE-YARD-RUMMAGE SALES-AUCTIONS 485
1 DAY ONLY. Sat., Sept. 4, 10-4. Disposing of last of file supplies, plumbing & finished hardware, sinks, stoves, hoods, tools, cabinets. Super Buys! 11880 San Pablo Ave., El Cerrito. (415) 537-6086

MISCELLANEOUS FOR SALE 490
Heavy Equipment
J. D. 20 3 Backhoe, gas model. Rebuilt engine. Excellent condition. Stored in Marysville. (415) 537-6086

FIREWOOD
Oak & Almond. Call 232-6165.

HERITAGE sofa, 8 ft.
curved back. \$125. 525-1138

AKAI X-1000 SD, Real
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6 Captains Chairs
walnut, \$225 848-2431

MEAT COUNTER, 14 ft.
operating, self cont. 2 yr. \$200.00. 10 ft. stainless steel case incl. 222-1239

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with matching dresser. 845-6454

600 ft. oak hard flooring
100x20 aluminum patio cover \$100 724-5534

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recliner \$50; kitchen chairs, \$20; bar stools, \$15. 525-1234

WHOLESALE wide selection
exquisite tie selection neckties. Call eves. 528-6293

HOTPOINT dishwasher
\$250; 8 piece brdm set \$350; or new for bunk or trundle bed. 523-3744.

NEW 30 in. range hood
with ducts \$50; antique water heater \$50 or best offer. 523-3744.

BICYCLE, Schwinn
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chairs \$10 ea. Tables \$25 ea. best offer. Sale \$300. booths \$250. 525-9534

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\$45 UP 232-0364

STEEL desk \$75
Electric typewriter \$300 223-5427

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\$200. 2 children's SF London dirtd, \$600 total. Aug. 30th. 848-1825

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antique buffet \$50; 4 antique chairs \$50 each 525-0596

4 Pan Am tickets: 4 adults, 2 children. SF
London dirtd, \$600 total. Aug. 30th. 848-1825

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loggers. Will travel. \$399. 528-1595

LAWN edger \$18. Pine
thresher \$35. 2 speakers \$18. Belt Sander \$25. Barv. China \$50. 526-8907

AREA RUGS
new. 8x10, beige, gold \$75. & \$200. 235-1857

DINETTE, 5 piece, \$225
Amana Radar range, \$250 724-1004

COCKATEILS
tame babies. grays \$35. Whites \$45. 235-5129

QUEEN size hide-a-bed
6 mos. cond. \$375. After 5. 232-3297

STEREO turntable
8 track radio; 8 ft sofa \$50; full waterbed, access. 754-9346 aft 6

STEREO ERC, 8 ft.
turntable \$60. Silver rear seat 1980 Toyota Corona \$15 236-789

MATRESS/box spring
Simmons and Sears. Factory irregulars 40% to 60% off. \$50.00 543-497

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curved back. \$125. 525-1138

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600 ft. oak hard flooring
100x20 aluminum patio cover \$100 724-5534

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Amana Radar range, \$250 724-1004

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many possibilities. 1000 sq. ft. bedroom home. Call for info.

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4. Must be available 6 days per week, including holidays.
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6. Previous experience helpful, but not necessary. Some collecting necessary.

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Qualifications:

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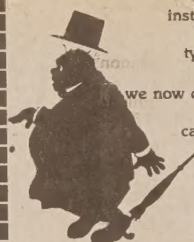
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Graph Bernice Bede Osol

Wednesday, Sept. 1:
Do quite well this coming year in
business where you are able to use
your own and artistic abilities. Find the right
time to make a move.

Virgo (Aug. 23-Sept. 22)
Organize a relationship today and
it will be a success. You will find something
to do if you fail to scatter your energy
is enticed.

Libra (Sept. 23-Oct. 23)
Today if you're involved with persons
as generous as yourself. However,
be a bit if your companions are only
interested in you.

Scorpio (Oct. 24-Nov. 22)
Breaks today are more likely to come
from others than from those which you
try not to scatter your shots.

Sagittarius (Nov. 23-Dec. 21)
Try to deny you today if your efforts
will be denied you. Once you decide to do
it, persevere, regardless of the ob-
stacles.

Capricorn (Dec. 22-Jan. 19)
Any type of business arrange-
ment requires partners if you have any
what your cohorts can contribute.

Aquarius (Jan. 20-Feb. 19)
Persons or associates who are not in
your way today could set you back.
Where you rush too much, you could
lose.

Pisces (Feb. 20-March 20)
Success can be accomplished success-
fully if you allow yourself adequate time to
do it. Where you rush too much, you could
lose.

Aries (March 21-April 19)
The possibility that today you will be more
likely to consider casual acquaintances
than persons with whom you have
close bonds.

Taurus (April 20-May 20)
It's essential to look out for your own
interests, but try not to hurt someone else
in the process.

Gemini (May 21-June 20)
Tendencies today to take too
much which should be fun, and to treat
those which should be taken seriously.

Cancer (June 21-July 22)
Have an awareness of your financial limi-
tations, yet you could yield to extravagant
desires and defeat your purpose. Strive to be
realistic.

Leo (July 23-Aug. 22)
Hold your word to your word today re-
gardless of the consequences to them, so if you say you're
going to do something you had better mean it.

COLLECTOR CARS 940
LINCOLN Premiere '57,
2 dr, all power, runs
great. \$1100.

DOMESTIC CARS 950
CAD '67, all power, sm.
dent \$900; also Pont '62,
needs ignition, carb.
Best offers. 237-4253.

**CARS sell for \$17.95 (av-
erage). Also Jeeps,
Pickups. Available at
local Gov't Auctions.
For Directory call
805-687-6000, ext 9700.
Call refundable.**

**CHEV '68 Malibu station-
wagon, 327 V8 eng, 3 spd
on floor clutch. \$400.
235-1252**

**CHEV '76 Chevelle, 67-
000 miles, 2 door, new
battery. Good condition.
\$1600 or offer. 548-1653.**

**CHEVY 64 SS
Runs good
No major dents
\$1000 236-9346**

**CHEVY '59 convertible;
motor not complete,
needs paint. \$1500.
235-7957.**

**CHEVY '73 Vega, 350 v8;
custom paint. \$4000 or
best offer. Day 233-8513
eves 525-0453.**

**CHEVY '70 Monte Carlo;
lunk now, could be a
classic! \$550. 233-7860
after 6 p.m.**

**DODGE '77 Monaco; 8
cyl. Excit cond. Auto.
New battery & tires. air.
\$2100, offer. 848-6036.**

**DODGE '68 Dart 270 en-
gine; 2 new Michelin's,
damaged front end. Sell
as is \$365. 222-1895.**

**DODGE, '68 Charger.
Built/rebuilt 383 Mag,
auto trans. \$2250.
Receipts. 799-9624.**

**FORD Thunderbird, '73.
Good cond. Vinyl top,
air, all power.
\$1100. 234-6343**

**FORD '79 T-Bird Heri-
tage, flawless luxury cpe
Seek/scan, am/fm stereo,
luxury group, tilt, cruise,
full power. 14,700 miles.
(196004) \$6995**

**HILLTOP FORD
In the Auto Plaza of the
Hilltop Shopping Center
Hilltop Dr. Exit, Hwy 80
Richmond 222-4444**

**FORD '71 Torino
Needs some work
\$1000
724-3267 after 7 p.m.**

**FORD, '62 T-Bird, Runs
fine, looks good. New
brakes. Sell see. \$1600
firm. 237-2523 aft 5.**

**MERC '72 sta. wgn. Air,
radio, heater, auto, PS.
Runs great, good mile-
age. \$1595. 222-4424.**

**IS it true you can buy
Jeeps for \$44 through the
U.S. Government?
Get the facts today! Call
(312) 742-1143, ext. 8022.**

**LINCOLN Mark IV, '72,
needs some work, best
offer. 235-8966 Mr. Bush
or Mr. Hall.**

**MERC '78 Zephyr
\$5,000 mi. Good cond.
\$2900 or best offer.
223-5140**

**FORD '64 1/2 Mustang;
needs interior & paint.
Runs good. \$2500 or best
offer. 223-5726.**

**OLDS, '66 Cutlass 4 dr
Hdtp. 1 owner. Only 62-
000 mi. Perf. running
cond. \$1000. 524-6069.**

**OLDS, '70 Vista Cruiser.
Must sell. Runs excel.
\$1200. 524-6069.**

**OLDS, '81 Cutlass Su-
preme V-6, PS, PB,
good tires, air. \$5500.
offer. 2488 Market, Apt
14, SP.**

**'72 Monte Carlo, '77 en-
gine, new brakes, ex-
haust, tune-up, battery,
etc. Excellent mechani-
cal condition. Try il-
you'll like it! Reg. gas.**

**'75 Ford Elite. New valve
job, tune-up, top me-
chanical condition. Not
new—just runs like it!**

**'67 Plymouth Barracuda
Fastback. Exchange
motor. 315 V-8, good
mechanical condition,
runs good, regular gas.**

**'70 T-Bird. All Power. Ex-
cellent motor, fire &
brakes new, tune-up,
runs good, custom
wheels & tires.**

**'71 Camaro. Front end
damaged. \$800 after lien
sale.**

**'67 Pontiac Conv't. Ex-
change engine, new
tune-up, almost res-
tored. \$700, best offer.**

**'73 El Dorado. Will clear
lien sale in 30 days.
\$800.**

**'75 VW Rabbit.
SMITHSON'S
BRAKE SHOP
20th & Macdonald, Rich
234-4540
655-1079 nights, weekends
236-8994, alternate no.**

DOMESTIC CARS 950
PLY '65 Fury III
Runs good. Clean body
\$550
236-9346

**PLYMOUTH, '70 Satel-
lite, Blue, Air, PS, AM
radio, auto. Runs well.
\$600. 655-4140.**

**PONT '68 Catalina,
will run, needs work
\$400 or best offer
237-5935**

PUBLIC NOTICE

**LEGAL NOTICE J-95700
NOTICE OF DEATH OF
INDA M. NEHLS
AND OF PETITION
TO ADMINISTER ESTATE
CASE NUMBER: 22006-1-1
ESTATE OF
INDA M. NEHLS,
aka INDA MAY NEHLS.**

To all heirs, beneficiaries, creditors and contingent creditors of INDA M. NEHLS, aka INDA MAY NEHLS.

A petition has been filed by ROBERT L. NEHLS in the Superior Court of Alameda County requesting that ROBERT L. NEHLS be appointed as personal representative to administer the estate of the decedent.

The petition requests authority to administer the estate under the Independent Administration of Estates Act.

A hearing on the petition will be held on September 8, 1982 at 9:30 am in Dept. 19 at 1221 Oak Street, Oakland, California, 94612.

IF YOU OBJECT to the granting of the petition, you should either appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court within four months from the date of first issuance of letters as provided in section 700 of the California Probate Code.

The time for filing claims will not expire prior to four months from the date of the hearing notice above.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file a request with the court to receive special notice of the filing of the inventory of estate assets and of the petitions, accounts and reports described in section 1000.5 of the California Probate Code.

Attorney for petitioner
WILLIAM F. JOHNS
1301 Solano Avenue
Albany, CA, 94706
A-3509—Aug 22, 25; Sept 1, 1982.

**LEGAL NOTICE G-96736
NOTICE OF TRUSTEE'S SALE
T.S. No. 09-571
NOTICE**

YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED APRIL 7, 1981, UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER.

On September 22, 1982, at 2:30 P.M., IMPERIAL BANCORP, a California corporation, as duly appointed Trustee under and pursuant to Deed of Trust recorded April 9, 1981, as Instrument No. 81-43127, of Official Records in the office of the County Recorder of Contra Costa County, State of CALIFORNIA. Executed by NORTH BAYVIEW TRUSTEES, a partnership will SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH (payable at time of sale in lawful money of the United States) On the steps of the entrance to the City Hall, 27th Street and Barrett Avenue, Richmond, California all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State described as:

EXHIBIT "A"
Lot 1, Block 2, map of Bay View Park, filed April 4, 1905, Map Book D, page 86, Contra Costa County Records.
Lot 2 in Block 2 as delineated upon that certain map entitled "Complete Map of Bay View Park", filed April 4, 1905 in Map Book "D", page 86, in the office of the County Recorder of the County of Contra Costa, State of California.

Lots 84 and 85, Block 2, map of Complete Map Bay View Park, filed April 4, 1905, Map Book D, page 86, Contra Costa County Records.
The street address and other common designation, if any, of the Real property described above is purported to be:
1155 San Pablo Avenue
El Cerrito, California 94530

The undersigned Trustee disclaims any liability for any inaccuracy of the street address and other common designation, if any, shown herein.
Said sale will be made, but without covenant or warranty, express or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, if any, under the terms of said Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust.

The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is \$129,245.45.
The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned, a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located.

Date: August 18, 1982
IMPERIAL BANCORP
as said trustee
a California Corporation
9920 S. La Cienega Blvd.
Inglewood, CA
(213) 417-5600
WILHELMINA REMBERT,
Vice President
Authorized Signature
No. 25546
J-1782-September 1, 8, 15, 1982

Open Daily 10 a.m. to Sun. 12-7

SALE ENDS SATURDAY

Kmart®
The Saving Place®

SALE!

FAST FINISH™
THE EFFORTLESS CAR WAX

Meguiar's® NEW!

16 Fl. Oz.

Make Kmart® your headquarters for car-care necessities...at low prices! "Meguiar's Fast Finish Car Wax" offers a "professional shine in record time." Cleans, polishes and helps protect your automobile's finish in just one convenient step. Just apply to a properly prepared surface, and wipe off. 16-1l.-oz. bottle.

Rebate limited to manufacturer's stipulation.

Kmart®
Sale Price
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**3.97
- 2.00
1.97**

SAN PABLO
13220 San Pablo Ave.

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1500 Fitzgerald Dr. & Appian Way

EL CERRITO! FAMILY PRODUCE MARKET

10675 San Pablo Ave. Across the Street from Safeway & Payless 526-2575
HOURS: 8 a.m.-8 p.m.—7 Days a Week

FRUITS	VEGETABLES
THOMPSON SEEDLESS GRAPES lb. 49¢	LARGE Mushrooms lb. 99¢
RED DELICIOUS APPLES 3 LBS. \$1.00	BEEFSTEAK TOMATOES 3 lbs. \$1
FREESTONE PEACHES 3 LBS. \$1.00	LARGE CUCUMBERS 6 for \$1
BARTLETT PEARS 3 LBS. \$1.00	LARGE BELL Peppers 3 LBS. \$1
CANTALOUPE 4 FOR \$1.00	Cabbage lb. 15¢
BANANAS LB. 19¢	BROCCOLI BUNDLE 49¢
EXTRA LARGE EGGS DOZ. 79¢	ZUCCHINI SQUASH 4 LBS. \$1
	LETTUCE 3 FOR \$1 Red, Green, Head
	YELLOW ONIONS lb. 15¢
	POTATOES 10 LBS. 99¢

GOOD NEWS!

Now you can charge your classified advertisement on **MA or MASTERCARD** To charge your classified ad, call **237-1111**

GARAGE SALE

Having a Garage Sale?
WE CAN HELP!

Offer your garage, yard or rummage sale with us for 3 consecutive days. We'll have a FREE Garage Sale Sign to put up around the neighborhood. You must be paid for in advance and signs must be picked up before 10 a.m. Monday-Friday at either our Richmond, Albany or Berkeley offices. For more details call the classified department.

Don't Delay - Call Today!

Contra Costa Independent
Berkeley GAZETTE
237-1111
(Other Expires September 17, 1982)

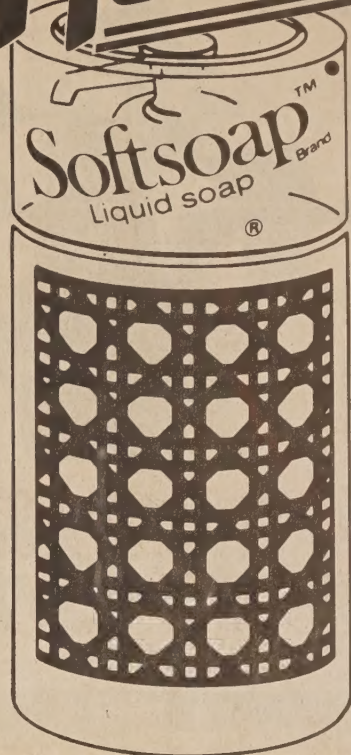
Woolworth

Satisfaction Guaranteed • Replacement or Money Refunded

features

Health & Beauty

Aids



1¹⁷

10.5 Oz. Soft Soap

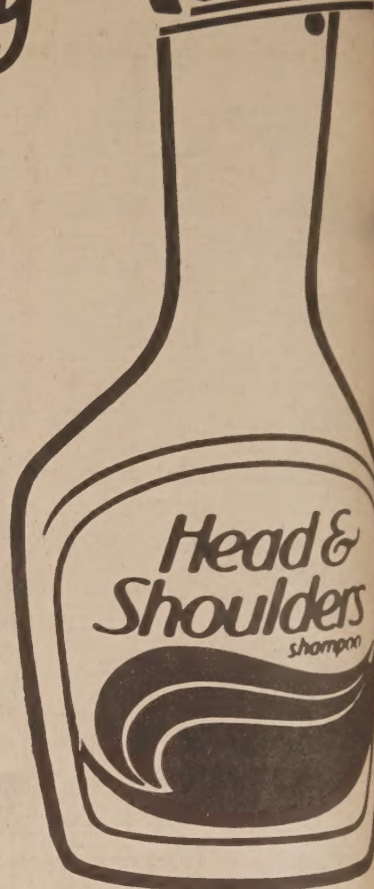
Prevents that soapy mess you get with bar soaps. Easy and economical to use.



3³³

4 Oz. Oil of Olay

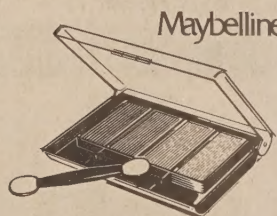
The beauty fluid of women around the world. Replenishes the moisture your skin thirsts for.



2 \$3 FOR 3

7 Oz. Head and Shoulders

Medicated shampoo for problem dandruff. Be embarrassed by flakes! Get Head & Shoulders.

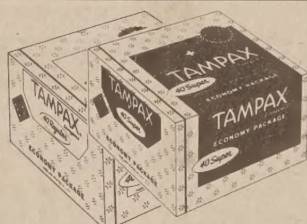


Maybelline

197

Blooming Colors Eye Shadow

For beautiful long lasting color. Hypo-allergenic.



277

Tampax 40's Reg. or Super

Safe comfortable and easy to use. Hygienic sanitary protection.



249

24 Dietac Capsules

Maximum strength diet capsules to help you lose the weight you want.



247

50 Excedrin P.M. Capsules

The night time pain reliever. Analgesic/sleeping aid.

GREAT-LASH MASCARA



157

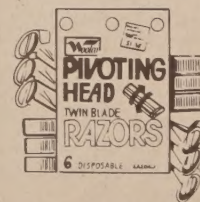
Builds, thickens, colors and curls. Contains protein for longer lashes.



217

2.5 Oz. Ban Deodorant

For the protection you need. Choose from regular or unscented.



87^c

Disposable Razors

6 disposable razors. Gentle on your skin.



259

16 Oz. Prell Shampoo

For fluffy, bouncy hair that's easy to manage. Leaves your hair clean.



247

Sea Breeze Antiseptic

Cleans deep down dirt to help prevent the chances of acne.

Woolworth

Satisfaction Guaranteed • Replacement or Money Refunded

420 EL CERRITO PLAZA • EL CERRITO • Hours: Mon.-Fri. 9 a.m.-9 p.m.; Sat. 9:30-6 p.m.; Sun. 10-5 p.m.

PRICES EFFECTIVE THRU SEPTEMBER 5, 1982